## Sewing With Kids



## BASIC SUPPLIES

SEWING BOX: Find a pretty box with compartments to hold supplies. I found vintage sewing boxes on eBay that my granddaughters love. Amazon, Jo-Anne Fabrics or Michael's are other great places to look.

- THREAD: 1 or 2 spools in basic colors (cream and a darker color like taupe).
- SCISSORS: Friskars makes a 5" craft scissor that's perfect. Start them off with a good pair of scissors and teach them to follow safety rules. Rule # 1 of course... never run with scissors!
- PINS & NEEDLES: good straight pins, sewing needles and embroidery needles. One of your first projects could be making a pin cushion!
- SEAM RIPPER: Yes, with proper supervision your child can learn to use a seam ripper. Chances are they'll need one before you know it.
- THREAD CONDITIONER such as Thread Heaven or beeswax.
- CLOVER NEEDLE THREADER: Optional but wonderful! Kids love using this needle threader and it makes it so easy to thread that needle!
- WATER ERASABLE MARKER or fabric pencil.
- MEASURING TAPE
- SPIRAL NOTEBOOK: for taking notes and keeping track of new ideas.
- PROJECT NOTEBOOK: 3 ring binder with plastic insert pages to hold samples of lessons and progress.