## Stitching the blades to the background

## Now that you've finished those beautiful plates and prepared the center circles it's time to stitch them down.

1
Fold the background square in half both vertically and horizontally to find center. Finger press fold.

2
Center plate on background square using center fold as guide line. Pin plate to background with a few pins, then lift edges of plate and lightly glue baste in
 position with Roxanne's Glue Baste It.

Fold the center circle in quarters and finger press folds. Use the creases to help center the circle on top of the plate covering up the center hole and hiding raw edges of the plate. Make sure the circle overlaps the raw edges of plate by $1 / 4^{\prime \prime}$ on all sides. Pin or glue baste the circle in place.

4Using a neutral DMC Machine Embroidery Thread or Kimono Silk Thread, single thread your needle with about $18^{\prime \prime}$ of thread. Run your thread through some Thread Heaven to keep it from tangling. Appliqué by hand or machine, stitching around the outside edge of plate. Applique the center circle to the top of plate.

5 Repeat above steps for remaining blocks. Next we're ready to assemble the quilt.

## The Applique Stitch:

Holding appliqué in place with your non-sewing hand, come up
 from the wrong side of the fabric and insert needle into the folded outside edge of the plate, barely catching the edge. (Your stitch should be invisible so don't take a large "bite" into your plate. You only want to catch a couple of threads.)

Make a tiny straight stitch by re-entering the background fabric right next to where your thread came up. Now come up again from background into folded edge of plate approximately $1 / 8^{\prime \prime}$ from your last stitch, keeping your needle parallel to the folded edge. If you are left-handed, stitch from left to right. If you are right-handed, stitch from right to left.

Continue stitching around appliqué until you come to where you started. Tie off thread with a small knot under the block.

