

Snow Happy Hearts, September



Welcome to the Bunny Hill Snow Happy Hearts Club!

Membership is easy; you're automatically enrolled if you've opened these instructions. So say hello to each other and let's have some fun in 2015. I've designed 12 snowman hearts, one for each month of the year. Make them all, and by December you'll have 12 hearts that you can use to decorate your tree, give as gifts to friends, use as party favors, fill a glass bowl for a table center piece and well, you get the idea.

You'll get one pattern on the 5th of each month tucked inside our newsletter or added to the "free patterns" page on our website and blog. You can download the patterns for your personal use with Adobe Acrobat Reader®. You can make them in a group, use them as a class at your local quilt shop, just please don't sell them. These are free patterns and are my gift to you for 2015!



Materials Needed for 12 Hearts

- Two 10" squares fabric for each heart
- Assorted fabric scraps and brown wool felt for appliqué
- ½ yd Primitive Muslin Flannel for snowmen
- ½ yard of ¼" to ⅜" ribbon for each heart
- 1 bag Polyester Stuffing
- Your favorite appliqué tools and appliqué thread for stitching
- Freezer paper (optional, but nice)

Embroidery Floss Needed for 12 Hearts

1 skein each of the following colors:

- Cream Cosmo #141 or DMC #3078
- Brown Cosmo#310 or DMC #801
- Black Cosmo #600 or DMC #310
- Red Cosmo #2241 or DMC #498
- Rust Cosmo #129 or DMC #3776
- Green Cosmo #635 or DMC #936

Use these instructions to make each month's heart.

The dotted line is the stitching line and the solid line is the cutting line. Seam allowance is ¼".

Step One:

Cut out the heart pattern on the solid line. Since you'll be sewing one heart each month, make yourself a reusable template from 2 pieces of freezer paper. Trace or print the heart pattern onto the dull side of freezer paper, iron the shiny side of this first piece to the dull side of the second piece. Cut out on traced line, smooth with an Emory board and you're set to go! Now iron your heart template to the wrong side of the fabric and trace around it. Remove the freezer paper and repeat on the second 10" fabric square.

Step Two:

Cut out the 2 hearts following pattern. Set one heart aside while you complete appliqué and embroidery on front.

Step Three:

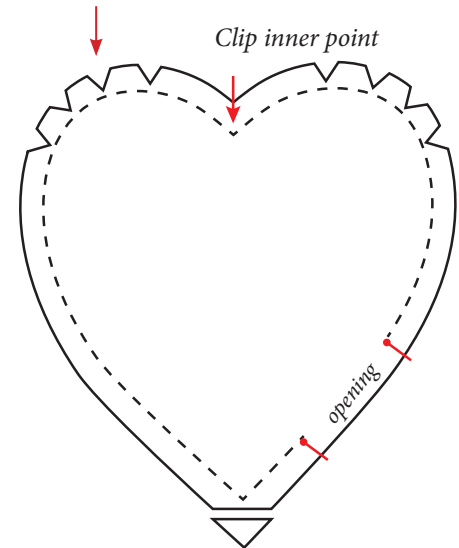
Prepare appliqué using your favorite method. Using a fabric pencil or water erasable marker, trace embroidery details. Center appliqué on right side of heart following color photo and pattern. Appliqué following numbers on pattern. Now, add embroidery stitches to complete the design.

Step Four:

Place fabrics right sides together and follow these tips:

- Reduce machine stitch to 1.5 and stitch slowly. Back stitch at beginning and end leaving open between marks on pattern.
- Trim “v”s in top curves of heart after you stitch. Do not cut into stitching. This will help make a smooth curve.
- Clip inner point to just before seam allowance.
- Trim across point of heart at bottom.
- Turn heart right side out through opening and press.

Cut little “v”s in top curves



Trim point

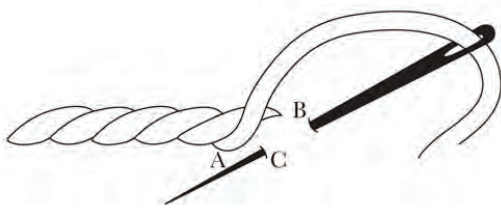
Step Five:

Stuff lightly (the heart should have a “flat” look if you’ve done this right). Slip stitch opening closed and steam from back of heart.

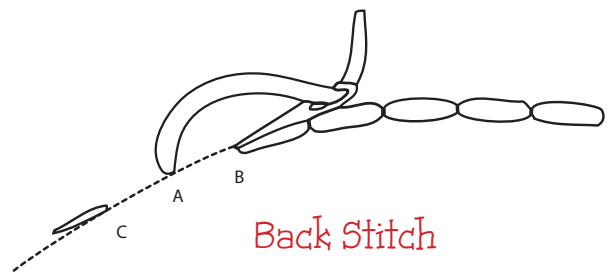
Ribbon:

Don’t try inserting the hanging ribbon into seam, it’s too hard to get straight; Instead cut a 6” piece of ribbon, fold it in half and tack stitch to back of heart. Tie remaining ribbon into small bow and tack stitch to front of heart.

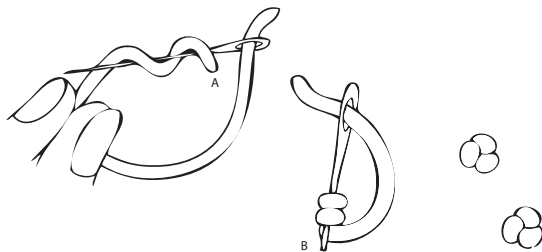
Stitches you’ll need:



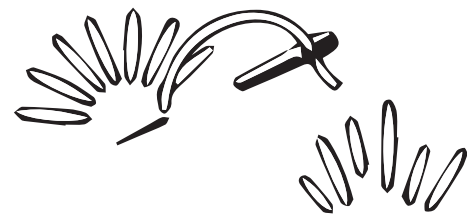
Stem Stitch



Back Stitch



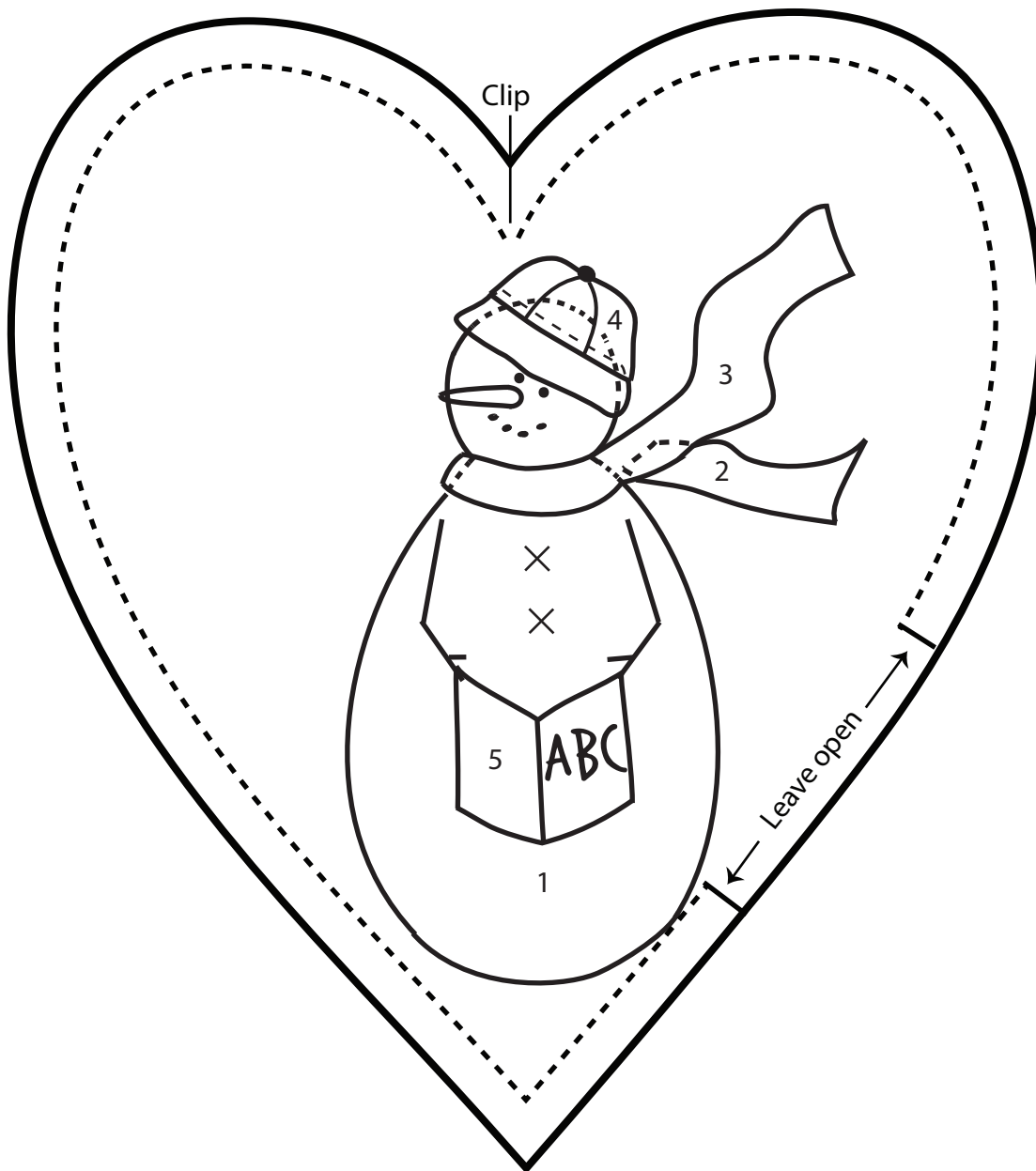
French Knot



Straight Stitch

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- Embroidery:** All embroidery uses 2 strands floss
- Snowman Eyes:** French knots, wrap thread around needle 3 times, Cosmo #600 or DMC #310 black
- Snowman Mouth:** French knots, wrap thread around needle 2 times, Cosmo #600 or DMC #310 black
- Snowman Nose:** Outline with a tiny back-stitch, fill in with a satin stitch, Cosmo #129 or DMC #3776 rust
- Snowman Arms:** Stem stitch, Cosmo #310 or DMC #801 brown
- Snowman Buttons:** Cross stitch, Cosmo #600 or DMC #310 black
- Lines on Hat:** Stem stitch, Cosmo #2241 or DMC #498 red
- Button at top of Hat:** Outline with a tiny back-stitch, fill in with a satin stitch, Cosmo #310 or DMC #801 brown
- Letters on Book:** Tiny back-stitch, Cosmo #600 or DMC #310 black
- Line Down Center of Book:** Stem stitch, Cosmo #635 or DMC #926 green