



# Scrappy Plates

## Part 2

Making the Dresden Center Circles  
Finished size circle 3 1/2"

### Method #1: Perfect Circles:

#### Materials Required

Bigger Perfect Circle Templates™  
Double threaded needle  
Small stencil brush  
Spray starch, fabric sizing or Best Press™  
Small jar or cup to hold starch

- 1 Place the 3 1/2" circle template on the wrong side of circle fabric. Trace around circle with a fabric pencil or water erasable marker.



- 2 Remove template and cut out circle approximately 1/4" outside traced line.



- 3 Double thread a needle and knot end of thread. Sew a small running stitch in-between traced line and cut edge of circle (I've used a white thread so it shows in these photos but you should use a thread that matches your fabric). Keep the running stitch about 1/4" long (if it's too long your circle will not gather well).



- 4 Insert the template again and pull up gathering thread gathering fabric around template.



- 5 Paint edge with starch, fabric sizing or Best Press. Press with iron for a few minutes making sure the sizing is dry.



- 6 Remove circle template and you've got a "perfect" circle ready for appliqué! Repeat for 11 more circles.





# Scrappy Plates

## Part 2 continued

Making the Dresden Center Circles  
Finished size circle 3 1/2"

### Method #2: Freezer Paper Templates: Make 2 or more templates as needed:

#### Materials Required

3 pieces of 5" x 5" freezer paper  
Paper scissors (curved scissors are nice but not a necessity)  
Sharpie Ultra Fine Black Permanent Marker  
Nail File  
Stencil brush  
Spray starch, fabric sizing or Best Press and little jar or cup to hold starch  
Craft Iron  
Stiletto

**1** Using a black permanent marker, trace the circle pattern onto the shiny side of one piece of freezer paper. Iron to dull side of second piece of freezer paper. You've just made a template sandwich with the traced line on the inside. Now take the "sandwich" and iron it shiny side down to the dull side of a third piece of freezer paper. If you've done this correctly, one side of your circle sandwich will be shiny and one side will be dull.



**2** Cut out circle template on traced line and file edges smooth with nail file.



**3** Iron the shiny side of the template to the wrong side of circle fabric. Using sharp appliqué scissors cut out 1/4" from edge of template. Do not remove template yet.



**4** Spray some starch into a container (I use a baby food jar). With your stencil brush paint the starch onto the seam allowance. Keep the freezer paper in place, and work with small sections (approximately 3"). Using the point of your craft iron press the seam allowance over onto the freezer paper. Use just the point of the iron and not the whole surface. Use a stiletto to "pull" your seam allowance onto the freezer paper. Continue around the shape until the entire seam allowance is pressed onto the freezer paper.



**5** To make the freezer paper easier to remove, turn your appliqué shape over and press from the top. Carefully remove freezer paper. Each template will make about 6 circles.

